

PERFORMANCE PATHWAY



OPTIMIST

8-15 YEARS
UP TO 50KG

LEARN TO SAIL IN OPTIMIST
OR LEARN TO WINDSURF

ABLE TO RACE OPTIMIST
UNTIL 15 YEARS
UNDER 50KG

AT 13-14 YEARS GETTING
TOO BIG FOR OPTIMIST
OVER 48KG

LOVE WINDSURFING
AND GOING FAST

SAILING P-CLASS IS
A GREAT OPTION WHILST
STILL RACING AN OPTIMIST
TO INCREASE SKILLS AND
ADD VARIETY.

START WINDSURFING
ON A TECHNO WHILST RACING
AN OPTIMIST. IT'S IMPORTANT
TO GET A GOOD GROUNDING
IN RACING.



420 OR 29ER

IDEAL COMBINED WEIGHTS:
420 = 110-118KG
29ER = 120-130KG

IDEALLY ENTER NO LATER
THAN 15 YEARS.

STARLING

55-63KG

ENJOY DOUBLE
HANDED
SAILING.

TALL AND BIG
FOR AGE ENJOY
PHYSICAL
EXERCISE.

TECHNO

DEDICATED TECHNO RACING
AND TRAINING AT
14-15 YEARS.



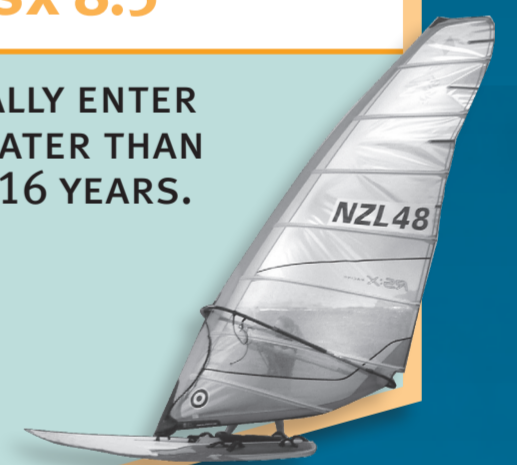
LASER RADIAL

IDEAL WEIGHT:
MEN 60-73KG
WOMEN 63-70KG

IDEALLY ENTER NO LATER
THAN 16 YEARS.

RSX 8.5

IDEALLY ENTER
NO LATER THAN
15-16 YEARS.



NZL YOUTH TEAM – ISAF YOUTH WORLDS CLASS ASSOCIATION YOUTH WORLDS UNDER 19 YEARS

420

MEN AND WOMEN

29ER

OPEN

MULTIHULL

OPEN

LASER RADIAL

MEN AND WOMEN

RSX 8.5

MEN AND WOMEN

KEELBOAT RACING



OLYMPIC CAMPAIGN

PROFESSIONAL SAILOR

OCEAN RACING

AMERICA'S CUP

OLYMPIC MEDAL

There are other options that can work outside what is shown on this poster, this is simply an outline of the pathways that work most regularly and efficiently.

www.yachtingnz.org.nz

www.facebook.com/NZLSailingTeam